

1 the founding fathers

His career extends from the industry's modest origins to its current hamburger hegemony. His life seems at once to be a tale by Horatio Alger, a fulfillment of the American dream, and a warning about unintended consequences. It is a fast food parable about how the industry started and where it can lead. At the heart of the story is southern California, whose cities became prototypes for the rest of the nation, whose love of the automobile changed what America looks like and what Americans eat.

Carl was born in 1917 on a farm near Upper Sandusky, Ohio. His father was a sharecropper who moved the family to new land every few years. The Karchers were German-American, industrious, and devoutly Catholic. Carl had six brothers and a sister. "The harder you work," their father always told them, "the luckier you become." Carl dropped out of school after the eighth grade and worked twelve to fourteen hours a day on the farm, harvesting with a team of horses, baling hay, milking and feeding the cows. In 1937, Ben Karcher, one of Carl's uncles, offered him a job in Anaheim, California. After thinking long and hard and consulting with his parents, Carl decided to go west. He was twenty years old and six-foot-four, a big strong farm boy. He had never set foot outside of northern Ohio. The decision to leave home felt momentous, and the drive to California took a week. When he arrived in Anaheim — and saw the palm trees and orange groves, and smelled the citrus in the air — Carl said to himself, "This is heaven."

Anaheim was a small town in those days, surrounded by ranches and farms. It was located in the heart of southern California's citrus belt, an area that produced almost all of the state's oranges, lemons,

were the leading agricultural counties in the United States, growing and tangerines. Orange County and neighboring Los Angeles County earlier had been a desert covered in sagebrush and cactus. Massive irfruits, nuts, vegetables, and flowers on land that only a generation city greeting newcomers with the acronym "KIGY" (Klansmen I Greet one of the most powerful organizations in town. During the early end Leon L. Myers - pastor of the Anaheim Christian Church and After World War I, the heavily German character of Anaheim gave way ished for three decades; the art colony collapsed within a few months tablish a back-to-the-land artistic community. The wineries floura local wine industry and by a group of Polish expatriates trying to esin the late nineteenth century by German immigrants hoping to create land, and sunflowers lined the back roads. Anaheim had been settled groves and walnut groves. Small ranches and dairy farms dotted the boasted about 70,000 acres of Valencia oranges, as well as lemon brought water from hundreds of miles away. The Anaheim area alone rigation projects, built with public money to improve private land, city government for a year, and posted signs on the outskirts of the founder of the local Men's Bible Club — turned the Ku Klux Klan into Protestant and conservative and evangelical about their faith. Reverto the influence of newer arrivals from the Midwest, who tended to be 1920s, the Klan ran Anaheim's leading daily newspaper, controlled the

Carl's uncle Ben owned Karcher's Feed and Seed Store, right in the middle of downtown Anaheim. Carl worked there seventy-six hours a week, selling goods to local farmers for their chickens, cattle, and hogs. During Sunday services at St. Boniface Catholic Church, Carl spotted an attractive young woman named Margaret Heinz sitting in a nearby pew. He later asked her out for ice cream, and the two began dating. Carl became a frequent visitor to the Heinz farm on North Palm Street. It had ten acres of orange trees and a Spanish-style house where Margaret, her parents, her seven brothers, and her seven sisters lived. The place seemed magical. In the social hierarchy of California's farmers, orange growers stood at the very top; their homes were set amid fragrant evergreen trees that produced a lucrative income. As a young boy in Ohio, Carl had been thrilled on Christmas mornings to receive a single orange as a gift from Santa. Now oranges seemed to be everywhere.

Margaret worked as a secretary at a law firm downtown. From her office window on the fourth floor, she could watch Carl grinding feed

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outside his uncle's store. After briefly returning to Ohio, Carl went to work for the Armstrong Bakery in Los Angeles. The job soon paid \$24 a week, \$6 more than he'd earned at the feed store — and enough to start a family. Carl and Margaret were married in 1939 and had their first child within a year.

cided to buy it. Margaret strongly opposed the idea, wondering where stands that were opening and by the number of buns they went and markets in west L.A. He was amazed by the number of hot dog was delivering bread. They sold hot dogs, chili dogs, and tamales for a using his car as collateral for the loan, and persuaded his wife to give he'd find the money. He borrowed \$311 from the Bank of America, change while their daughter slept nearby in the car. cart, which Margaret often ran by herself, selling food and counting came very busy. Soon he had enough money to buy a second hot dog the United States entered World War II, and the Goodyear plant bedime each, soda for a nickel. Five months after Carl bought the cart, bakery and hired two young men to work the cart during the hours he thought, after buying the cart, "I'm on my way." He kept his job at the him \$15 in cash from her purse. "I'm in business for myself now," Carl through every week. When Carl heard that a hot dog cart was for sale — on Florence Avenue across from the Goodyear factory — he de-Carl drove a truck for the bakery, delivering bread to restaurants

warm climate and a good life. It was the first large-scale migration were drawn to southern California by real estate ads promising a up to the Great Depression. Invalids, retirees, and small businessmen middle-class arrivals from the Midwest, especially in the years leading arrived from across the United States. While cities in the East extion of southern California nearly tripled, as about 2 million people the tremendous growth of Los Angeles occurred at a time when automobiles were finally affordable. Between 1920 and 1940, the populatricts linked to outlying suburbs by commuter train and trolley. But back East had been built in the railway era, with central business disstyle — and a new way of eating. Both revolved around cars. The cities suburban metropolis of detached homes — a glimpse of the future, city the world had ever seen, sprawling and horizontal, a thoroughly conducted mainly by car. Los Angeles soon became unlike any other became more homogenous and white. The city was inundated with panded through immigration and became more diverse, Los Angeles molded by the automobile. About 80 percent of the population had Southern California had recently given birth to an entirely new life-

been born elsewhere; about half had rolled into town during the previous five years. Restlessness, impermanence, and speed were embedded in the culture that soon emerged there, along with an openness to anything new. Other cities were being transformed by car ownership, but none was so profoundly altered. By 1940, there were about a million cars in Los Angeles, more cars than in forty-one states.

The automobile offered drivers a feeling of independence and control. Daily travel was freed from the hassles of rail schedules, the needs of other passengers, and the location of trolley stops. More importantly, driving seemed to cost much less than using public transport—an illusion created by the fact that the price of a new car did not include the price of building new roads. Lobbyists from the oil, tire, and automobile industries, among others, had persuaded state and federal agencies to assume that fundamental expense. Had the big auto companies been required to pay for the roads—in the same way that trolley companies had to lay and maintain track—the landscape of the American West would look quite different today.

The automobile industry, however, was not content simply to reap the benefits of government-subsidized road construction. It was determined to wipe out railway competition by whatever means necessary. In the late 1920s, General Motors secretly began to purchase trolley systems throughout the United States, using a number of front corporations. Trolley systems in Tulsa, Oklahoma, and Montgomery, Alabama, in Cedar Rapids, Iowa, and El Paso, Texas, in Baltimore, Chicago, New York City, and Los Angeles — more than one hundred trolley systems in all — were purchased by GM and then completely dismantled, their tracks ripped up, their overhead wires torn down. The trolley companies were turned into bus lines, and the new buses were manufactured by GM.

General Motors eventually persuaded other companies that benefited from road building to help pay for the costly takeover of America's trolleys. In 1947, GM and a number of its allies in the scheme were indicted on federal antitrust charges. Two years later, the workings of the conspiracy, and its underlying intentions, were exposed during a trial in Chicago. GM, Mack Truck, Firestone, and Standard Oil of California were all found guilty on one of the two counts by the federal jury. The investigative journalist Jonathan Kwitny later argued that the case was "a fine example of what can happen when important matters of public policy are abandoned by government to the self-in-

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terest of corporations." Judge William J. Campbell was not so outraged. As punishment, he ordered GM and the other companies to pay a fine of \$5,000 each. The executives who had secretly plotted and carried out the destruction of America's light rail network were fined \$1 each. And the postwar reign of the automobile proceeded without much further challenge.

The nation's car culture reached its height in southern California, inspiring innovations such as the world's first motel and the first drive-in bank. A new form of eating place emerged. "People with cars are so lazy they don't want to get out of them to eat!" said Jesse G. Kirby, the founder of an early drive-in restaurant chain. Kirby's first "Pig Stand" was in Texas, but the chain soon thrived in Los Angeles, alongside countless other food stands offering "curb service." In the rest of the United States, drive-ins were usually a seasonal phenomenon, closing at the end of every summer. In southern California, it felt like summer all year long, the drive-ins never closed, and a whole new industry was born.

earned their money through tips and a small commission on every skirts and dressed up like cowgirls, majorettes, Scottish lasses in kilts carried trays of food to patrons in parked cars --- often wore short resses in various costumes. Known as "carhops," the waitresses — who decorating their buildings in bright colors and dressing their waitnew drive-ins competed for attention, using all kinds of visual lures, tle; it had to catch the eye of motorists traveling at high speed. The graphic separation between buildings, but also a manmade landscape road. The triumph of the automobile encouraged not only a geoin historian Michael Witzel, designed to be easily spotted from the night food, and before long they beckoned from intersections all and different, they offered a combination of girls and cars and lateyouth culture of Los Angeles. They were something genuinely new popular hangouts for teenage boys. The drive-ins fit perfectly with the item they sold. The carhops had a strong economic incentive to be ing signs. They were "circular meccas of neon," in the words of drivetended to be gaudy and round, topped with pylons, towers, and flashfriendly to their customers, and drive-in restaurants quickly became They were likely to be attractive, often received no hourly wages, and that was loud and bold. Architecture could no longer afford to be sub-The southern California drive-in restaurants of the early 1940s

Angeles. In addition to running the carts, he still worked full-time for the Armstrong Bakery. When a restaurant across the street from the Heinz farm went on sale, Carl decided to buy it. He quit the bakery, bought the restaurant, fixed it up, and spent a few weeks learning how to cook. On January 16, 1945, his twenty-eighth birthday, Carl's Drive-In Barbeque opened its doors. The restaurant was small, rectangular, and unexceptional, with red tiles on the roof. Its only hint of flamboyance was a five-pointed star atop the neon sign in the parking lot. During business hours, Carl did the cooking, Margaret worked behind the cash register, and carhops served most of the food. After closing time, Carl stayed late into the night, cleaning the bathrooms and mopping the floors. Once a week, he prepared the "special sauce" for his hamburgers, making it in huge kettles on the back porch of his house, stirring it with a stick and then pouring it into one-gallon jugs.

on the state, in the words of historian Carey McWilliams, was a "fabualong with the economy of southern California. The oil business and spending remained the focus of the local economy for the next two of World War II, Los Angeles was the second-largest manufacturing nearly half of the personal income in southern California. By the end cilities. During those six years, federal spending was responsible for nearly \$20 billion in California, mainly in and around Los Angeles, lous boom." Between 1940 and 1945, the federal government speni into the most important economic region in the West. The war's effect 1930s. But it was World War II that transformed southern California the film business had thrived in Los Angeles during the 1920s and decades, providing about one-third of its jobs. Detroit. While Hollywood garnered most of the headlines, defense center in America, with an industrial output surpassed only by that of building airplane factories and steel mills, military bases and port fa-After World War II, business soared at Carl's Drive-In Barbeque,

The new prosperity enabled Carl and Margaret to buy a house five blocks away from their restaurant. They added more rooms as the family grew to include twelve children: nine girls and three boys. In the early 1950s Anaheim began to feel much less rural and remote. Walt Disney bought 160 acres of orange groves just a few miles from Carl's Drive-In Barbeque, chopped down the trees, and started to

build Disneyland. In the neighboring town of Garden Grove, the Reverend Robert Schuller founded the nation's first Drive-in Church, preaching on Sunday mornings at a drive-in movie theater, spreading the Gospel through the little speakers at each parking space, attracting large crowds with the slogan "Worship as you are . . . in the family car." The city of Anaheim started to recruit defense contractors, eventually persuading Northrop, Boeing, and North American Aviation to build factories there. Anaheim soon became the fastest-growing city in the nation's fastest-growing state. Carl's Drive-In Barbeque thrived, and Carl thought its future was secure. And then he heard about a restaurant in the "Inland Empire," sixty miles east of Los Angeles, that was selling high-quality hamburgers for 15 cents each — 20 cents less than what Carl charged. He drove to E Street in San Bernardino and saw the shape of things to come. Dozens of people were standing in line to buy bags of "McDonald's Famous Hamburgers."

Richard and Maurice McDonald had left New Hampshire for southern California at the start of the Depression, hoping to find jobs in Hollywood. They worked as set builders on the Columbia Film Studios back lot, saved their money, and bought a movie theater in Glendale. The theater was not a success. In 1937 they opened a drive-in restaurant in Pasadena, trying to cash in on the new craze, hiring three carhops and selling mainly hot dogs. A few years later they moved to a larger building on E Street in San Bernardino and opened the McDonald Brothers Burger Bar Drive-In. The new restaurant was located near a high school, employed twenty carhops, and promptly made the brothers rich. Richard and "Mac" McDonald bought one of the largest houses in San Bernardino, a hillside mansion with a tennis court and a pool.

By the end of the 1940s the McDonald brothers had grown dissatisfied with the drive-in business. They were tired of constantly looking for new carhops and short-order cooks — who were in great demand — as the old ones left for higher-paying jobs elsewhere. They were tired of replacing the dishes, glassware, and silverware their teenage customers constantly broke or ripped off. And they were tired of their teenage customers. The brothers thought about selling the restaurant. Instead, they tried something new.

The McDonalds fired all their carhops in 1948, closed their restaurant, installed larger grills, and reopened three months later with a radically new method of preparing food. It was designed to increase the speed, lower prices, and raise the volume of sales. The brothers

tions were allowed. The McDonald brothers' Speedee Service System revolutionized the restaurant business. An ad of theirs seeking franchisees later spelled out the benefits of the system: "Imagine ples of a factory assembly line were applied to a commercial kitchen. only sandwiches now sold were hamburgers or cheeseburgers. The rid of everything that had to be eaten with a knife, spoon, or fork. The eliminated almost two-thirds of the items on their old menu. They got per cups, paper bags, and paper plates. They divided the food preparabrothers got rid of their dishes and glassware, replacing them with paand another worked the counter. For the first time, the guiding princiwrapped it; another prepared the milk shake; another made the fries; cal order, one person grilled the hamburger; another "dressed" and tion into separate tasks performed by different workers. To fill a typicondiments: ketchup, onions, mustard, and two pickles. No substituwere no longer necessary. All of the burgers were sold with the same No Carhops — No Waitresses — No Dishwashers — No Bus Boys how to perform one task. Skilled and expensive short-order cooks The new division of labor meant that a worker only had to be taught The McDonald's System is Self-Service!"

Richard McDonald designed a new building for the restaurant, hoping to make it easy to spot from the road. Though untrained as an architect, he came up with a design that was simple, memorable, and archetypal. On two sides of the roof he put golden arches, lit by neon at night, that from a distance formed the letter M. The building effortlessly fused advertising with architecture and spawned one of the most famous corporate logos in the world.

The Speedee Service System, however, got off to a rocky start. Customers pulled up to the restaurant and honked their horns, wondering what had happened to the carhops, still expecting to be served. People were not yet accustomed to waiting in line and getting their own food. Within a few weeks, however, the new system gained acceptance, as word spread about the low prices and good hamburgers. The McDonald brothers now aimed for a much broader clientele. They employed only young men, convinced that female workers would attract teenage boys to the restaurant and drive away other customers. Families soon lined up to eat at McDonald's. Company historian John F. Love explained the lasting significance of McDonald's new self-service system: "Working-class families could finally afford to feed their kids restaurant food."

San Bernardino at the time was an ideal setting for all sorts of cul-

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club, borrowing the nickname of the U.S. Army's Eleventh Airborne alienated by the dullness of civilian life, formed a local motorcycle stop on Route 66, end of the line for truckers, tourists, and migrants was full of citrus groves, but sat next door to the smokestacks and steel "but instead of shoplifting some deodorant, they strive to become filthy they are," Hunter Thompson later wrote of the Hell's Angels, conformity and rebellion. "They get angry when they read about how 1948 supplied the nation with a new yin and yang, new models of their own way as any purveyors of Speedee Service. San Bernardino in didn't care if you had a nice day, and yet were as deeply American in were the anti-McDonald's, the opposite of clean and cheery. They of rebels from Marlon Brando to Marilyn Manson. The Hell's Angels rings, body piercings, and tattoos — that would influence a long line swastikas, silver skull rings and other satanic trinkets, earrings, nose and torn jeans, black leather jackets and boots, long hair, facial hair, culture an anger and a darkness and a fashion statement — T-shirts them burgers, took drugs, sold drugs, and injected into American pop disorder, terrified families and small children instead of trying to sell ical set of values. The Hell's Angels flaunted their dirtiness, celebrated golden arches also gave it a biker gang that stood for a totally antithet-Division: "Hell's Angels." The same town that gave the world the service restaurant, a group of World War II veterans in San Berdoo, motels. The same year the McDonald brothers opened their new selffrom the East. Its main street was jammed with drive-ins and cheap but millions of people passed through there every year. It was the last mills of Fontana. San Bernardino had just sixty thousand inhabitants, boom, a place that felt out on the edge. Nicknamed "San Berdoo," it ture and industry located on the periphery of the southern California tural experimentation. The town was an odd melting-pot of agricul-

burgerville usa

AFTER VISITING SAN BERNARDINO and seeing the long lines at McDonald's, Carl Karcher went home to Anaheim and decided to open his own self-service restaurant. Carl instinctively grasped that the new car culture would forever change America. He saw what was coming, and his timing was perfect. The first Carl's Ir. restaurant opened in 1956—the same year that America got its first shop-

ping mall and that Congress passed the Interstate Highway Act. President Dwight D. Eisenhower had pushed hard for such a bill; during World War II, he'd been enormously impressed by Adolf Hitler's Reichsautobahn, the world's first superhighway system. The Interstate Highway Act brought autobahns to the United States and became the largest public works project in the nation's history, building 46,000 miles of road with more than \$130 billion of federal money. The new highways spurred car sales, truck sales, and the construction of new suburban homes. Carl's first self-service restaurant was a success, and he soon opened others near California's new freeway off-ramps. The star atop his drive-in sign became the mascot of his fast food chain. It was a smiling star in little booties, holding a burger and a shake.

Entrepreneurs from all over the country went to San Bernardino, visited the new McDonald's, and built imitations of the restaurant in their hometowns. "Our food was exactly the same as McDonald's," the founder of a rival chain later admitted. "If I had looked at McDonald's and saw someone flipping hamburgers while he was hanging by his feet, I would have copied it." America's fast food chains were not launched by large corporations relying upon focus groups and market research. They were started by door-to-door salesmen, short-order cooks, orphans, and dropouts, by eternal optimists looking for a piece of the next big thing. The start-up costs of a fast food restaurant were low, the profit margins promised to be high, and a wide assortment of ambitious people were soon buying grills and putting up signs.

worked as a door-to-door salesman, sold sandwiches and coffee to delivered telegrams for Western Union, drove an ice cream truck, turned to Florida, and with his father-in-law, Matthew Burns, opened new restaurant, flew to southern California, ate at McDonald's, reas Taco Bell. Keith G. Cramer, the owner of Keith's Drive-In Restaumake Mexican food and founding a restaurant chain later known Donald's and decided to copy it, using the assembly-line system to War II veteran, a resident of San Bernardino who ate at the new Mcfactory workers in Boston, and then opened a small doughnut shop in boy and a cook, and eventually opened his own place in Columroom at the YMCA, dropped out of school at fifteen, served as a busin a restaurant at the age of twelve, left his adoptive father, took a the first Insta-Burger-King in 1953. Dave Thomas started working rant in Daytona Beach, Florida, heard about the McDonald brothers' 1948, later calling it Dunkin' Donuts. Glen W. Bell, Jr., was a World William Rosenberg dropped out of school at the age of fourteen,

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bus, Ohio, calling it Wendy's Old-Fashioned Hamburgers restaurant. Thomas S. Monaghan spent much of his childhood in a Catholic orphanage and a series of foster homes, worked as a soda jerk, barely graduated from high school, joined the Marines, and bought a pizzeria in Ypsilanti, Michigan, with his brother, securing the deal through a down payment of \$75. Eight months later Monaghan's brother decided to quit and accepted a used Volkswagen Beetle for his share of a business later known as Domino's.

off debts, and at the age of sixty-five became a traveling salesman sold Michelin tires, and operated a gas station in Corbin, Kentucky. cian without having a medical degree, sold insurance door to door, without having a law degree, delivered babies as a part-time obstetri-Sanders left school at the age of twelve, worked as a farm hand, a mule a household name. In his autobiography, Life As I Have Known It Has chicken. The first Kentucky Fried Chicken restaurant opened in 1952, once again, offering restaurant owners the "secret recipe" for his fried back, later opened a popular restaurant and motel, sold them to pay He served home-cooked food at a small dining-room table in the tender, and a railway fireman. At various times he worked as a lawyer black string tie. By the early 1960s, Kentucky Fried Chicken was the Sanders dressed up like a Kentucky colonel, sporting a white suit and a near Salt Lake City, Utah. Lacking money to promote the new chain, largest restaurant chain in the United States, and Colonel Sanders was thing else but his rightful name." hard "not to call a no-good, lazy, incompetent, dishonest s.o.b. by anyvout faith in Christ, Harland Sanders admitted that it was still awfully his lifelong struggle to stop cursing. Despite his best efforts and a dedecision at the age of seventy-four to be rebaptized and born again, Been "Finger-lickin' Good," Sanders described his ups and downs, his The story of Harland Sanders is perhaps the most remarkable.

For every fast food idea that swept the nation, there were countless others that flourished briefly—or never had a prayer. There were chains with homey names, like Sandy's, Carrol's, Henry's, Winky's, and Mr. Fifteen's. There were chains with futuristic names, like the Satellite Hamburger System and Kelly's Jet System. Most of all, there were chains named after their main dish: Burger Chefs, Burger Queens, Burgerville USAs, Yumy Burgers, Twitty Burgers, Whataburgers, Dundee Burgers, Biff-Burgers, O.K. Big Burgers, and Burger Boy Food-O-Ramas.

Many of the new restaurants advertised an array of technological

ordering systems, like the Fone-A-Chef, the Teletray, and the Electroentered it in individual wire baskets, circled two electric heating eleother to cook burgers. "Both machines have been thoroughly pertured a pair of "Miracle Insta Machines," one to make milk shakes, the chain, Biff-Burgers were "roto-broiled" beneath glowing quartz tubes tioned, and was eventually abandoned by the Burger King chain. Miracle Insta Machine proved overly complex, frequently malfuncpan of sauce, while hamburger buns toasted in a nearby slot. This ments, got cooked on both sides, and then slid down a chute into a Burger Stove was an elaborate contraption. Twelve hamburger patties proof design — can be easily operated even by a moron." The Instathat worked just like a space heater. Insta-Burger-King restaurants fea-Hop. The Motormat was an elaborate rail system that transported wonders. Carhops were rendered obsolete by various remote-control fected," the company assured prospective franchisees, "are of foolfood and beverages from the kitchen to parked cars. At the Biff-Burger

The fast food wars in southern California — the birthplace of Jack in the Box, as well as McDonald's, Taco Bell, and Carl's Jr. — were especially fierce. One by one, most of the old drive-ins closed, unable to compete against the less expensive, self-service burger joints. But Carl kept at it, opening new restaurants up and down the state, following the new freeways. Four of these freeways — the Riverside, the Santa Ana, the Costa Mesa, and the Orange — soon passed through Anaheim. Although Carl's Jr. was a great success, a few of Carl's other ideas should have remained on the drawing board. Carl's Whistle Stops featured employees dressed as railway workers, "Hobo Burgers," and toy electric trains that took orders to the kitchen. Three were built in 1966 and then converted to Carl's Jr. restaurants a few years later. A coffee shop chain with a Scottish theme also never found its niche. The waitresses at "Scot's" wore plaid skirts, and the dishes had unfortunate names, such as "The Clansman."

The leading fast food chains spread nationwide; between 1960 and 1973, the number of McDonald's restaurants grew from roughly 250 to 3,000. The Arab oil embargo of 1973 gave the fast food industry a bad scare, as long lines at gas stations led many to believe that America's car culture was endangered. Amid gasoline shortages, the value of McDonald's stock fell. When the crisis passed, fast food stock prices recovered, and McDonald's intensified its efforts to open urban, as well as suburban, restaurants. Wall Street invested heavily in the fast food chains, and corporate managers replaced many of the early pio-

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neers. What had begun as a series of small, regional businesses became a fast food industry, a major component of the American economy.

progress

Inc. (CKE) was built on the same land in Anaheim where the Heinz farm had once stood. The opening-night celebration was one of the high points of Carl's life. More than a thousand people gathered for a black-tie party at a tent set up in the parking lot. There was dinner and dancing on a beautiful, moonlit night. Thirty-five years after buying his first hot dog cart, Carl Karcher now controlled one of the largest privately owned fast food chains in the United States. He owned hundreds of restaurants. He considered many notable Americans to be his friends, including Governor Ronald Reagan, former president Richard Nixon, Gene Autry, Art Linkletter, Lawrence Welk, and Pat Boone. Carl's nickname was "Mr. Orange County." He was a benefactor of Catholic charities, a Knight of Malta, a strong supporter of right-to-life causes. He attended private masses at the Vatican with the Pope. And then, despite all the hard work, Carl's luck began to change.

During the 1980s CKE went public, opened Carl's Jr. restaurants in Texas, added higher-priced dinners to the menu, and for the first time began to expand by selling franchises. The new menu items and the restaurants in Texas fared poorly. The value of CKE's stock fell. In 1988, Carl and half a dozen members of his family were accused of insider trading by the Securities and Exchange Commission (SEC). They had sold large amounts of CKE stock right before its price tumbled. Carl vehemently denied the charges and felt humiliated by the publicity surrounding the case. Nevertheless, Carl agreed to a settlement with the SEC — to avoid a long and expensive legal battle, he said — and paid more than half a million dollars in fines.

During the early 1990s, a number of Carl's real estate investments proved unwise. When new subdivisions in Anaheim and the Inland Empire went bankrupt, Carl was saddled with many of their debts. He had allowed real estate developers to use his CKE stock as collateral for their bank loans. He became embroiled in more than two dozen lawsuits. He suddenly owed more than \$70 million to various banks. The falling price of CKE stock hampered his ability to repay the loans. In May of 1992, his brother Don — a trusted adviser and the president of

CKE — died. The new president tried to increase sales at Carl's Jr. restaurants by purchasing food of a lower quality and cutting prices. The strategy began to drive customers away.

stake in the deal; upon its acceptance by the board of CKE, he would would benefit Carl much more than the company. Carl had a financial flag. Carl insisted that the Green Burrito plan would work and dethe prayer of St. Francis of Assisi and the pledge of allegiance to the ended the longtime practice of starting every executive meeting with company than the one he'd founded. The new management team had was being run into the ground. CKE now felt like a much different raged that his motives were being questioned and that his business receive a \$6 million personal loan from Green Burrito. Carl was out-Burrito. But some executives at CKE opposed the plan, arguing that it Jr. restaurants as part of a joint venture with a chain called Green pany and pay off his debts. He proposed selling Mexican food at Carl's were put on the doors. N. Karcher was prevented from entering his own office, and new locks of seventy-six, more than five decades after starting the business, Carl turncoats" and called it "one of the saddest days" of his life. At the age felt deeply betrayed. He had known many of the board members for Karcher. Only Carl and his son Carl Leo opposed the dismissal. Carl manded that the board of directors vote on it. When the board released after the firing, Carl described the CKE board as "a bunch of years; they were old friends; he had made them rich. In a statement rehim. On March 1, 1993, CKE's board voted five to two to fire Carl N. jected the plan, Carl tried to oust its members. Instead, they ousted As the chairman of CKE, Carl searched for ways to save his com-

The headquarters of CKE is still located on the property where the Heinz family once grew oranges. Today there's no smell of citrus in the air, no orange groves in sight. In a town that once had endless rows of orange and lemon trees, stretching far as the eye could see, there's not an acre of them left, not a single acre devoted to commercial citrus growing. Anaheim's population is now about three hundred thousand, roughly thirty times what it was when Carl first arrived. On the corner where Carl's Drive-In Barbeque once stood, there's a strip mall. Near the CKE headquarters on Harbor Boulevard, there's an Exxon station, a discount mattress store, a Shoe City, a Las Vegas Auto Sales store, and an off-ramp of the Riverside Freeway. The CKE building has a modern, Spanish design, with white columns, red brick arches, and dark plate-glass windows. When I visited recently, it was cool and

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quiet inside. After passing a life-size wooden statue of St. Francis of Assisi on a stairway landing, I was greeted at the top of the stairs by Carl N. Karcher.

Carl looked like a stylish figure from the big-band era, wearing a brown checked jacket, a white shirt, a brown tie, and jaunty two-tone shoes. He was tall and strong, and seemed in remarkably good shape. The walls of his office were covered with plaques and mementos, with photographs of Carl beside presidents, famous ballplayers, former employees, grandchildren, priests, cardinals, Mikhail Gorbachev, the Pope. Carl proudly removed a framed object from the wall and handed it to me. It was the original receipt for \$326, confirming the purchase of his first hot dog cart.

Eight weeks after being locked out of his office in 1993, Carl engineered a takeover of the company. Through a complex series of transactions, a partnership headed by financier William P. Foley II assumed some of Carl's debts, received much of his stock in return, and took control of CKE. Foley became the new chairman of the board. Carl was named chairman emeritus and got his old office back. Almost all of the executives and directors who had opposed him subsequently left the company. The Green Burrito plan was adopted and proved a success. The new management at CKE seemed to have turned the company around, raising the value of its stock. In July of 1997, CKE purchased Hardee's for \$327 million, thereby becoming the fourthlargest hamburger chain in the United States, joining McDonald's, Burger King, and Wendy's at the top. And signs bearing the Carl's Jr. smilling little star started going up across the United States.

Carl seemed amazed by his own life story as he told it. He'd been married to Margaret for sixty years. He'd lived in the same Anaheim house for almost fifty years. He had twenty granddaughters and twenty grandsons. For a man of eighty, he had an impressive memory, quickly rattling off names, dates, and addresses from half a century ago. He exuded the genial optimism and good humor of his old friend Ronald Reagan. "My whole philosophy is — never give up," Carl told me. "The word 'can't' should not exist . . . Have a great attitude . . . Watch the pennies and the dollars will take care of themselves . . . Life is beautiful, life is fantastic, and that is how I feel about every day of my life." Despite CKE's expansion, Carl remained millions of dollars in debt. He'd secured new loans to pay off the old ones. During the worst of his financial troubles, advisers pleaded with him to declare bankruptcy. Carl refused; he'd borrowed more than \$8 million

from family members and friends, and he would not walk away from his obligations. Every weekday he was attending Mass at six o'clock in the morning and getting to the office by seven. "My goal in the next two years," he said, "is to pay off all my debts."

I looked out the window and asked how he felt driving through Anaheim today, with its fast food restaurants, subdivisions, and strip malls. "Well, to be frank about it," he said, "I couldn't be happier." Thinking that he'd misunderstood the question, I rephrased it, asking if he ever missed the old Anaheim, the ranches and citrus groves.

"No," he answered. "I believe in Progress."

Carl grew up on a farm without running water or electricity. He'd escaped a hard rural life. The view outside his office window was not disturbing to him, I realized. It was a mark of success.

"When I first met my wife," Carl said, "this road here was gravel . . . and now it's blacktop."